

UNLOCKING YOUR TRUE POTENTIAL

with Lysa TerKeurst

Can a believer who loves God still face challenges of trusting God during times of doubt and uncertainty?

LT: I've spent many nights staring up into the sky, bewildered as I felt my disappointment turn into grief turn into numbness turn into distance from God. There were so many times when I thought God was about to turn everything around, but then things got worse, not better. Some of my darkest days were when I could not make sense of what God was allowing. And my fear was: Because God allowed all of this, what else might He allow? Slowly, I have realized I cannot attach my hope to God making things feel fair. And I certainly can't attach my hope to the outcomes I desperately want. I have to attach my hope to who God is. He is good. He is faithful. He is my Father who loves me.

God's character, which never changes, is His personal promise to me. And to you. We can stand with assurance on who He is even when we don't understand what He does or doesn't do. I've come to terms with the truth that if it was good for us to have more information, God would surely give it to us. So the fact that He isn't allowing us access to more details lets me know that having that information isn't what's best.

What's your favorite example from the Word of learning to navigate struggles with trust and faith?

LT: Some of my favorite passages to turn to when I'm struggling with trusting God's plan is in Mark 14:34-35, "'My soul is overwhelmed with sorrow to the point of death,' he said to them. 'Stay here and keep watch.' Going a little farther, he fell to the ground and prayed that if possible the hour might pass from him." These verses are so comforting because I relate to these words of Jesus so much. I've felt I might not survive some of the circumstances and heartbreaks I've faced. And I've certainly asked God to let this pass from me. I've often begged him, "Don't let this be the way my story goes."

Knowing Jesus deeply understands my pain and wrestling helps me trust his teaching on a whole new level. Everything he teaches us is with personal awareness of the woundings that can happen to the human heart.

The next verse in Mark 14:36 is profound. Jesus says, "'Abba, Father,' he said, 'everything is possible for you. Take this cup from me. Yet not what I will, but what you will.'"

He asks God to change the plan but in the next breath declares that he will trade his will for God's will.

I've started to incorporate this verse into my daily prayer time. After I make requests of God, I open my hands and say, "I trade my will for thy will because I'm so confident you will." And then I leave room for the mystery of God as I get up from my prayer and receive whatever it is that He has for me that day.

Why is it important to distinguish between healthy skepticism and destructive doubt when it comes to trusting other people?

LT: Some people believe when you love someone, you must give them unconditional trust. I understand the sentiment of this. And I wish all relationships were absolutely safe, honest, and in keeping with the way the Bible teaches us to treat one another. But we all know that's not always the case.

So instead of ignoring red flags we need to wisely examine what's going on. It's not wrong to have skepticism especially when a person has broken our trust before.

My counselor Jim Cress taught me to "get curious instead of furious." Asking questions is so much healthier than making destructive accusations.

And how the other person reacts to your questions will tell you a lot. If they get defensive and angry by your questions, chances are your concerns are valid. If they respond with care and compassion as they give you the answers you need, that's usually a good sign of honesty.

What would you say to those dealing with the impact of past disappointments or betrayals on their ability to trust God fully?

LT: Here's the truth: if someone is struggling to trust, chances are there's a reason. Whether they can recall the exact reason or not, they've had an experience that has made them recoil in angst and pain. Of course, they are hesitant or possibly resistant to trusting people, especially those who have hurt them or who remind them of someone they trusted and got burned by.

And it only makes sense that they would have questions about why God didn't stop or prevent the betrayals that broke their heart. Questions like, "How can I trust that God is for me when it seems like the one who hurt me got away with it?" I have certainly wrestled through that question.

But here's what I know to be true ... God will not be mocked. He is in the process of addressing their sin in His way and in His time. Just because we feel there might be an absence of God's justice does not mean there's an absence of His presence. He is with you today and He will walk you through this with great measures of mercy.

Interestingly, one of the words for "trust" in the Bible is "batah." When the object of trust is people, possessions, or status, batah is almost always used in a negative sense. But when batah is used toward God it is always positive. While people and other things may let us down time and time again, remember God will never be untrustworthy. He is always faithful and He will never leave us. Remember, just because God calls us to forgive does not mean we have to automatically trust those who hurt us. Sometimes with unrepentant people, distrust is the most appropriate response there is. Hand them over to God and realize that you being cautious with trusting them may actually be a sign of wisdom, not weakness.

Finally, what message of hope or encouragement would you like to leave with readers who have been hurt or harmed by those they once trusted?

LT: The trauma of having your trust broken by people you thought would never betray you is life altering. But it doesn't have to be life ruining. I have walked the road of hurting and healing for years. There has been lots of counseling. Lots of internal work. Lots of praying and seeking. Lots of perspective shifts and healing. New hope. New discoveries. And finding a life that's so different from what I thought my future would look like.

But finally realizing that "different" can be wildly beautiful. Now I'm walking forward in ways I never thought possible. And you can too.

Lysa TerKeurst is president and chief visionary officer of Proverbs 31 Ministries and the author of seven New York Times bestsellers, including Good Boundaries and Goodbyes, Forgiving What You Can't Forget, and It's Not Supposed to Be This Way. She enjoys life with her husband Chaz and her kids and grandkids. Connect with her at LysaTerKeurst.com or on social media @LysaTerKeurst.

I WANT TO TRUST YOU, John Jan

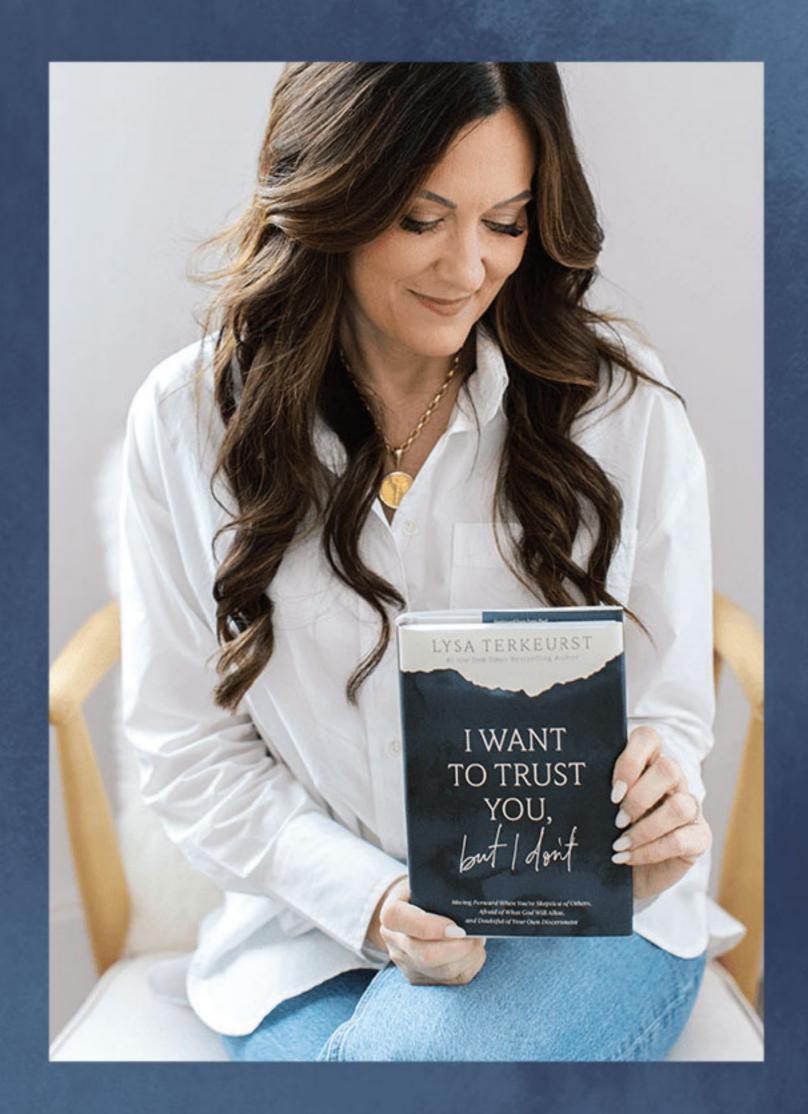
In a world filled with uncertainty, learning to trust again can feel like an impossible task. Whether it's trust in relationships, in ourselves, or even in God, the struggle to rebuild this essential foundation can leave us feeling lost and vulnerable. Enter Lysa TerKeurst's powerful new book, *I Want to Trust You, but I Don't*. This deeply personal and profoundly insightful work offers a roadmap to reclaiming trust, even in the most challenging circumstances.

In I Want to Trust You, but I Don't, Lysa shares her own journey of grappling with trust issues, providing readers with practical tools and biblical wisdom to navigate their own paths. With her trademark vulnerability and honesty, Lysa addresses the pain and fear that often accompany broken trust, offering hope and guidance for those who long to trust again. Through relatable stories, scriptural insights, and heartfelt encouragement, she empowers readers to confront their doubts and fears, and to step into a place of renewed faith and confidence.

This month, you have a special opportunity to receive a copy of *I Want to Trust You, but I Don't* as a thank you for making a donation to Daystar. By supporting Daystar's global mission, you will not only gain valuable insights from Lysa's life-changing book but also contribute to the ministry's ongoing efforts to spread the Gospel around the world. Daystar is dedicated to reaching people everywhere with the message of Jesus Christ, offering hope, healing, and salvation to those in need.

Your donation directly support Daystar's broadcasting efforts, the ensuring that transformative power of the Gospel continues to reach every corner of the earth. As our way of saying thank you, we will send you a copy of Lysa TerKeurst's I Want to Trust You, but I Don't, so you can embark on your own journey of renewed trust and faith.

Don't miss this chance to support a cause that's changing lives while also



enriching your own spiritual walk. To receive your copy of I Want to Trust You, but I Don't and support Daystar's mission, simply make your donation using the enclosed form. Together, we can help others rediscover the trust and hope that only God can provide.

Start your journey towards healing and trust today with Lysa TerKeurst's powerful new book. Your donation will make a difference in countless lives—including your own.

TYEAR ISRAEL WAR UPDATE

As we mark the one-year anniversary of the tragic attacks in Israel on October 7, 2023, we want to express our deepest gratitude to our Daystar partners. The horrific events of that day sparked the current Israel-Gaza war, bringing great suffering. Yet, through your incredible generosity, we were able to respond quickly and provide urgent, practical help on the ground in Israel. Over the past 12 months, your support has empowered us to make a significant impact through our partnership with Fellowship of Israel Related Ministries. Here are three key projects that have made a powerful difference:

1. OFAKIM THERAPEUTIC SCHOOL FOR YOUNG SURVIVORS

The Ofakim Therapeutic School was created to serve 32 children who lost one or both parents in the attacks. This unique facility focuses on trauma recovery with special early childhood therapists who help these young victims heal and restore hope. Your generosity is providing a critical pathway to recovery for these children and their families, and inspiring more initiatives to help young trauma survivors.

2. YAD MORDECHAI COMMUNITY CENTER

Yad Mordechai, a community directly on the Gaza border, faced direct attacks on October 7th. With 90% of residents evacuated, they sought our help to revamp their community center and add a protective shelter. Thanks to your support, we renovated the center and hosted a "Welcome Home" celebration, encouraging families to return. Now, 100% of the community has returned and is thriving, even under the threat of ongoing rocket fire.

3. LONE SOLDIER HOME FOR SECURITY & COMMUNITY

To enhance security for a Gaza-border community, we started building a home for 15 lone soldiers—young Jewish immigrants with no family in Israel—who will serve in the army and live there. This home not only provides protection but also creates a family environment for these soldiers, impacting both the community and the soldiers' lives. Thanks to your support, this initiative has given residents the confidence to return to their homes.

THANK YOU FOR STANDING WITH US!

To learn more about these projects and how you can get involved, visit **Daystar.com/IsraelUpdate.** Your generosity is changing lives, and together, we are bringing hope and healing to those in need.



Hello, Family!

As we enter this sacred time of year, I want to take a moment to reflect on the significance of Yom Kippur and what it means for us as Christians. Yom Kippur, or the Day of Atonement, is the holiest day on the Jewish calendar—a day set apart for repentance, reflection, and reconciling with God. For Christians, this day is a powerful reminder of the atoning sacrifice of Jesus Christ, who fulfilled the Law and made a way for us to be forgiven and reconciled with God once and for all.

While we may not observe Yom Kippur in the same way as our Jewish brothers and sisters, we can still honor this sacred day by taking time to humble ourselves before the Lord, seeking His forgiveness, and renewing our commitment to live according to His will. It's a day to remember the incredible grace we've been given and to extend that same grace and forgiveness to others.

To help you enter into this special time of reflection and worship, I encourage you to tune in for Daystar's special Yom Kippur Broadcast featuring Larry Huch, Troy Brewer, and Paul Wilbur. This will be a meaningful time of ministry, teaching, and worship on October 11th and 12th. Don't miss this opportunity to join us as we seek the Lord together and celebrate His redemptive work in our lives.

Following Yom Kippur, we have another exciting event lined up— Heart for the World! October 13th to 20th we invite you to join us for a week of dynamic and powerful ministry. Heart for the World is a special time at Daystar where we invite you to partner with us in the mission to reach every soul on earth with the Gospel of Jesus Christ. This week will be filled with incredible teachings and prophetic insights from some of the most anointed ministers of our time, including Perry Stone, Joseph Z, Jimmy Evans, Rabbi Jonathan Cahn, and many more.

From updates and biblical perspectives on the events unfolding in Israel to End Time prophetic insights and practical, anointed teaching from God's Word—this week has something for everyone.

Thank you for your continued support and prayers. It is through faithful partners like you that we can continue to share the hope of the Gospel with people all around the world. May the Lord bless you abundantly during this sacred season!

With love and gratitude,

Joni Lamb

Co-Founder & President
Daystar Television Network

I have been watching Daystar while I've been in the hospital these last eight months. You have been a blessing to my soul! Thanks for saving this old man.

Jeff from South Carolina

Last week Daystar prayed for my dear dad, that the ultrasound on his liver would confirm he is healed with no sickness or disease in his body. We received a report today - all well for my dad! Thank you so very much for your prayer of agreement and all glory to Jesus for His goodness and mercy and faithfulness to perform His Word!

Bill from California

THIS MONTH

EVENTS

MINISTRY NOW

10/02- Dr. Mark Stengler

10/03 - Babbie Mason

10/22 - Jeremiah Johnson

10/28 - Tamela Mann

10/30 - Vlad Savchuk

JONI TABLE TALK OCTOBER 21

End Times Timeline
Jimmy Evans

Do you want to know more about the future and understand the End Times? Jimmy Evans joins us to reveal the timeline of prophetic events, showing how we're living in the last days, leading to the fulfillment of God's ultimate plan from his new book, "The End Times Timeline."

OCTOBER 22

Preparing for the Rapture Jimmy Evans

Is the Rapture what's next on God's prophetic timeline, and is the Church ready? Jimmy Evans joins us to reveal the importance of the signs pointing to Christ's return from his new book, "What's Next? Preparing for the Rapture."

OCTOBER 23

The Power of Your Dreams
Stephanie Ike Okafor

Have you ever wondered if your dreams could hold deeper meanings and messages from God? Stephanie Ike Okafor shares her journey of encountering the supernatural through her book "The Power of Your Dreams."

OCTOBER 28

Fresh Oil, Holy Fire, New Wine Samuel Rodriguez

Pastor Samuel Rodriguez shares about the freedom, healing, and power available to believers through the Holy Spirit, with revelations from his new book "Fresh Oil, Holy Fire, New Wine."

LIVE EVENTS
OCTOBER 11 & 12
Yom Kippur Special

OCTOBER 13-20
Heart for the World

Join us for a week of great spiritual renewal and encouragement! We believe God will move powerfully in your life as you join us!

Share Your Testimony Daystar.com/DaystarTestimony