

# UNLOCKING YOUR TRUE

with Joyce Meyer

### What made this the right time to share about the power of an unselfish life?

JM: I think this may be one of the most important books I have ever written, and it's a message that I have taught in various ways over the years. I think today, more than ever, our society is extremely me-focused. We're all looking for joy and fulfillment, but we won't find it as long as we are constantly focused on ourselves.

The world often teaches people that the best way to have a great life is to "look out for #1" and always put themselves first. But that's not what God says in His Word.

God instructs us to love one another (John 13:34). Loving others makes them happy, and it makes us happy, too. In fact, God promises that when we delight ourselves in Him and focus on being good to other people, He will take care of our needs and give us the desires of our heart (Psalm 37:4; Matthew 6:33).

For the first 30 years of my Christian life, I was still extremely selfish and self-centered. I spent most of my time thinking about what I wanted, what I thought, and how I felt. In addition, I was filled with self-pity. Every morning, I woke up thinking about myself, and kept thinking about myself all day

until I fell asleep at night.

It was hard for me to admit that I was selfish, and I think it's hard for all of us. But facing our selfcenteredness and letting God deal with it was life-changing for me, and I believe it will be for others, too. Learning to live an unselfish life may seem to be an unlikely path to happiness and blessing, but I promise you: It is.

We were never created to constantly focus inward. In fact, the quickest way to become miserable is to think about yourself all of the time. However, when you choose to focus on others and how you

can be a blessing to them, it will release tremendous joy in your life.

### Do you think it's common for believers to struggle balancing personal needs with a life of service to others?

JM: I believe we can get out of balance in two different ways. We can live selfishly and not focus on others enough. Or, we can also go to the other extreme and get to a point where we ignore our own needs.

Living an unselfish life doesn't mean we should never think about ourselves or do things we like to do. Taking care of ourselves is important. If we're not healthy—emotionally, mentally, spiritually—then we have nothing to give to others. often say that one of the greatest gifts you can give to your family and friends is a healthy you.

I spend quite a bit of time ministering to others and I choose to find as many ways as I can to be good to people. But I also need time for myself to rest, recharge, and even just have fun. If we don't have that balance, that's when we get in trouble and feel burned out.

First Peter 5:8 says, Be well balanced...for that enemy of yours,

the devil, roams around like a lion roaring [in fierce hunger], seeking someone to seize and devour (AMPC). When we get out of balance, we open the door for the enemy.

### What biblical principles or teachings do you emphasize in your book to help readers find fulfillment and purpose in their lives?

JM: For starters, I believe all of us simply want to be happy. We're looking for joy and fulfillment, but sometimes we search for it in the wrong places. That's why selfishness can be so sneaky. When we are selfish, we may think we are getting what we want, however, it steals our joy and leaves us feeling empty.

Matthew 10:39 is a key scripture in my book. Jesus says, Whoever finds his [lower] life will lose it [the higher life], and whoever loses his [lower] life on My account will find it [the higher life] (AMP). Jesus came that we might have and enjoy our lives abundantly (John 10:10).

If we are willing to be unselfish and give to others, we will have an abundance of joy. It's about living to give instead of living to get. As we do, God will take care of us and give us much more than we could ever manage to get for ourselves (Luke 6:38).

Selfishness can also show up in our lives in a lot of ways that we don't realize. For instance, God is smarter it can prevent us from trusting God and letting Him take care of us. Proverbs 3:5-7 says, Trust in the Lord with all your heart, and do not lean on your own understanding. In all your ways acknowledge him, and he will make straight your paths. Be not wise in your own eyes...(ESV).

> God is smarter than we are, and He always knows what is best for us. He knows what will work in our lives and what will make us happy.

> Because of the abuse I suffered as a young girl, developed an attitude that said, No one will

ever control me again. I don't need anyone else—I can take care of myself. It was difficult for me to fully trust myself with God. However, as I experienced His repeated faithfulness, that trust grew. It's okay—and even necessary—to have a plan. But life gets good when we can relax in God's love and trust Him to direct our steps all along the way.

These are a couple of the many principles I share in What About Me? And if I can tease just one more, it's that God is the source of all change, and we can't do any of these things without Him (John 15:5).

My life is a perfect example. The Lord took someone who was very selfish and self-centered, and little by little, He transformed me into who I am today. I certainly have a long way to go, and I still battle with selfishness. But I can say that living to love others is the greatest joy of my life.

Wherever you are in your journey with God, I want to encourage you that change is possible! God's Word has the ability to transform your heart and help you enjoy everything He has planned for your future.

# WHAT ABOUT ME?

Are you seeking answers to life's toughest questions? Do you find yourself grappling with self-doubt or wondering what you were made for? If so, you're not alone! That's why we're excited to offer Joyce Meyer's latest book, "What About Me?" as our special gift this month. This insightful and empowering guide is designed to address the very concerns that weigh heavily on our hearts, offering practical wisdom and biblical truths to navigate life's challenges.

In "What About Me?", Joyce delves deep into the struggles that many of us face in our journey of faith and personal development. With her characteristic compassion and clarity, Joyce explores themes of self-worth, identity, and purpose, providing us with the tools we need to **overcome obstacles and embrace our God-given potential.** Her practical advice, rooted in Scripture, will inspire you to confront your fears, break free from limiting beliefs, and pursue a life of fulfillment and joy.

This month, you have a unique opportunity to receive a copy of "What About Me?" as a special gift when you make a donation to Daystar. By contributing to Daystar's mission, you will not only enrich your own spiritual journey but also play a vital role in helping us continue our global outreach. Daystar is committed to broadcasting the Gospel around the world, sharing the message of Jesus Christ, and winning souls for the Kingdom.

Your donation will directly support Daystar's efforts to reach hearts across the globe with the life-changing message of Christ. As a token of our appreciation, we will send you a copy of Joyce Meyer's transformative book, "What About Me?", as a heartfelt thank you for your support.

Don't miss this chance to gain valuable insights from one of Christianity's most beloved teachers and make a meaningful impact on the world. To receive your copy of "What About Me?" and support Daystar's mission, simply make your donation using the enclosed form. Together, we can spread the message of hope, love, and redemption to every corner of the earth.

Embrace the transformative power of trust in God and join us in advancing His Kingdom. Your support will make a difference—both in your life and in the lives of countless others!



# ONLINE — PROPHETIC — NEWS

In a world where headlines can often bring fear and uncertainty, it's more important than ever to find clarity and hope through the lens of Scripture. At Daystar, we understand the need for solid biblical insight in these tumultuous times. That's why we've created a specially curated playlist featuring top ministers from around the world with prophetic insights designed to help you navigate current events with a deeper understanding of what God is doing in the world today.

From the escalating tensions in the Middle East to the shifts in global politics, these programs will help you discern the signs of the times in the context of biblical prophecy.

This playlist features conversations from some of today's most respected voices in the Christian community, including **Jimmy Evans**, **Lance Wallnau**, **Chris Reed**, **and more**. Each of these ministers brings a unique perspective, rich in wisdom and grounded in the Word of God, offering practical guidance on how to stand firm in your faith, even when the world around you is shaking.

Our prayer is that as you watch these programs, you will find not only information but also a profound sense of peace and hope. In these videos, you'll hear messages that will strengthen your spirit, renew your mind, and prepare your heart for the days ahead. Whether you're looking for comfort, understanding, or direction, this playlist is your one-stop resource for staying informed and spiritually equipped.

We invite you to visit

Daystar.com/PropheticNews

to access this curated playlist and discover the powerful teachings that await you. Let these messages minister to your heart, fortify your faith, and remind you that no matter what happens in the world, God's promises are unchanging, and His love is everlasting.





Hello, Family!

Have you noticed that the reality of life today includes more uncertainty than ever before? In the midst of the confusion and chaos, I want to offer you a message of hope and strength! Life often presents us with trials and moments of challenge that can feel overwhelming. Yet, in these very moments, we have a divine source of strength and peace. Psalm 46:1 reassures us, "God is our refuge and strength, an ever-present help in trouble." No matter what challenges you may be facing, remember that God is with you, ready to provide the strength you need to persevere and the peace that surpasses all understanding (Philippians 4:7).

As we navigate these times of uncertainty, let's draw close to God, who remains unshaken by the events of our world. Seek His presence, lean on His promises, and trust that He will carry us through. It is in these challenging seasons that we often experience His grace most profoundly, discovering new depths of faith and resilience.

This month we celebrate the 5th birthday of my wonderful grandson, Asher Samuel Weiss – also known as Asher Dasher! Asher's joy and boundless energy are truly contagious, sharing smiles and laughter to everyone around him. Happy birthday, Asher!

In network news, we are excited to share some remarkable updates. Daystar Television Network has expanded its reach to 6.5 million homes across Zambia, with coverage extending into Botswana and Angola on "Simba TV!" It's incredible to see how God is using this platform to touch lives across such a vast region, all available Free to Air on Channel 5.

Additionally, Daystar Español continues to grow its impact with a recent launch on "Star TV" in Mexico, reaching 500,000 homes! This expansion allows us to share the love of Jesus with even more of our Spanish-speaking brothers and sisters.

As we move through this month, may you find strength and comfort in the presence of our faithful God. He is our rock and our refuge, and His promises are a light in the midst of darkness. Thank you for being a part of this journey with us, and for your unwavering support and prayers.

With love and gratitude,

Joni Lamb

Co-Founder & President

Daystar Television Network

Greetings from Sweden! I'm writing to thank you for all the information regarding Israel and all other programs you do. It's a blessing to watch and listen to all of you. God's blessings over Daystar!

Maria from Sweden

Thank you, Daystar, for praying with me over my job interview! God truly gave me favor and I was offered the job that I applied for as a Special Education Teacher! Thank you so much and to God be the glory!

Dianeen from California

# THIS MONTH

### **EVENTS**

### MINISTRY NOW

09/03 - Dr. Sherri Tenpenny

09/04 – Rabbi Kirt Schneider

09/11 - Rabbi Jonathan Cahn

09/17 - Rick & Denise Renner

09/24 - Tim Timberlake

# JONI TABLE TALK SEPTEMBER 3

Recovery for Everyone Dr. Doug Weiss

Have you been bound by addiction or seen it wreak havoc in your family? There is hope! Dr. Doug Weiss reveals the path to freedom in his book "Recovery for Everyone."

### **SEPTEMBER 9**

### Masterpiece

Dr. Jay Morris

Have you been questioning your purpose and doubting God's plans for your life? Dr. Jay Morris teaches us how to release the power of the Holy Spirit, so we can develop unshakeable faith and step into all that God has for us.

### **SEPTEMBER 14**

## Small Beginnings: Steps of Obedience Bishop Patrick Wooden Sr.

Bishop Patrick Wooden shares his incredible journey from being a fatherless North Carolina teen to becoming one of the most preeminent voices in the Church of God in Christ.

# SEPTEMBER 25 What Happens Next? Max Lucado

Max Lucado shares his empowering, encouraging perspective on End Times prophecy and the practical ways believers can prepare in his book "What Happens Next."

# SEPTEMBER 27 Plans for Your Good Scott Morrison

Australia's 30th Prime Minister, Scott Morrison, shares how God spoke to him in the midst of defeat, and how he chose to love the enemies set against his faith and success.

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